

# PE and School Sport Action Plan

## Princetown Primary School 2018–2019



**Background** - The primary school sport premium investment goes direct to primary school Head Teachers and is designed to support improvements in the quality and depth of PE and school sport. In 2017/18 the amount schools receive each year has doubled.

**Key Indicators** - The Department for Education vision is that all pupils leaving primary school are physically literate and have the knowledge, skills and motivation necessary to equip them for a healthy lifestyle and lifelong participation in physical activity and sport. The objective is to achieve self-sustaining improvement in the quality of PE and sport that delivers high quality provision of a balanced and holistic PE and school sport offer. There are 5 key indicators that schools should expect to see improvement across:

1. The engagement of all pupils in regular physical activity - the Chief Medical Officer guidelines recommend that all children and young people aged 5 to 18 engage in at least 60 minutes of physical activity a day, of which 30 minutes should be in school
2. The profile of PE and sport is raised across the school as a tool for whole-school improvement
3. Increased confidence, knowledge and skills of all staff in teaching PE and sport
4. Broader experience of a range of sports and activities offered to all pupils
5. Increased participation in competitive sport

**Funding** - Individual schools will receive circa £16K –17K per annum (depending on the number of pupils) which they can use to support these outcomes through various options including; release of staff for CPD, employing specialists to work alongside teachers, cluster work with other schools and partnerships, transport, equipment, hall and pool hire etc.

The total funding for the academic year	2018/2019	Funding allocated - <b>£16,340</b>
Lead Member of Staff – Abby Bassett (Head of School)	2018/2019	Governor responsible – Shelia Manning
Total fund allocated - <b>£16,340</b>	To be Updated – March 2019 and June 2019 (completed)	

### Key achievements to date:

- High five sports have supported the school in upskilling the staff in a range of different sports in the delivery of curriculum sessions and lunch time clubs.
- As a result of the active lunchtimes put into place there has been an improvement in the number of opportunities available to children at the school. This has resulted in an improvement in behaviour at lunchtimes in and the number of children physically active.
- The purchase of scooters has supported the school in active breaktimes and an increase in the number of children physically active at breaktimes and lunchtimes. We have put into place a reward system which recognises and rewards team work through stickers etc.
- This has raised the profile of PE across the school and improved achievement.
- A tennis coach was employed by the school to support staff in their development of their knowledge in tennis and the delivery of high quality sessions.
- A range of outdoor learning opportunities were introduced to support children in accessing a different activity and increase their confidence in learning in the outdoors.

### Areas for further improvement and baseline evidence of need:

- To ensure there is continuity and progression in the delivery of curriculum PE and there is an engaging, broad and balanced curriculum in place.
- To introduce a variety of programmes to increase the number of children active for 30 active minutes. Eg imoves.
- To deliver playground activities at lunchtimes and breaktimes to ensure it is engaging and children are active working towards 30 active minutes a day including wheelie fun Fridays.
- To upskill key members of staff within the school to increase knowledge and understanding in the delivery of PE school sport and physical activity.
- To upskill pupil leaders within the school to promote health and well-being. Through the sugar smart leaders programme and sugar smart minis programme.
- To deliver outdoor learning programmes to develop confidence and raise self-esteem through learning in the outdoors.
- To deliver celebration assemblies weekly and recognise sporting achievements and community sport.
- Raise the profile of sport and PE through a sporting champion visit.
- To develop competitive opportunities through the attendance at MAT competitions and local competitions.
- Increase participation at after school clubs, lunchtime clubs and competitions and monitor this through the use of the absolute coaching programme.
- To identify pupils who are not regularly participating in competitions and after schools clubs and to engage them in a range of activities.
- To introduce Absolute Education to support the monitoring and participation of children attending after school clubs and competition.

**Key Indicator 1 : The engagement of all pupils in regular physical activity – Chief Medical Officer guidelines recommend that primary school children undertake at least 30 minutes of physical activity a day in school**

Intended Actions with impact on children	Funding allocated	Evidence and impact	Sustainability and next steps
<p>To introduce a variety of programmes to increase the number of children active for 30 active minutes. Eg imoves.</p> <p>To deliver playground activities at lunchtimes and breaktimes to ensure it is engaging and children are active working towards 30 active minutes a day including wheelie fun Fridays.</p> <p>To purchase equipment to support the delivery of PE and lunchtime activities</p> <p>Introduce Arena sugar smart blast as a daily physical activity <b>to form part of the menu for 30 active minutes for children.</b></p> <p>Develop a 30 minute timetable to include all activities which are delivered by playground leaders.</p> <p>Investigate the use imoves as a tool to raising standards in maths and <b>engaging children in active learning.</b></p> <p>To upskill pupil leaders within the school to promote</p>	<p>£1361.40 (1xMTA)</p> <p>£464.88</p> <p>£ 900</p>	<p>At least an 80% increase in pupils now taking part in regular playtime activities as a result of markings and active maths. 67% of children are active at lunchtimes and attend lunchtime clubs (Absolute Education data).</p> <p>Children are more active as there is more choice of equipment.</p> <p>Equipment purchased and used to support delivery of physical activity.</p> <p>Clear action plan in place which has evidenced pupil voice. Phase one of the plan implemented with an increase in the number of children engaged in the playground.</p> <p>At least an 80% increase in the number of pupils physically active and engaged on a daily basis in the playground.</p>	<p><b>Next steps</b> To continue to use IMoves. Whole school CPD INSET. Improved internet connections (planned for Aut 19).</p> <p>Continue to train playground leaders to ensure delivery can continue.</p> <p><b>Sustainability</b> Maintain a log of equipment and put a replacement budget in place.</p> <p>Ensure there is a 3 year plan in place to continually update, maintain and improve the playground area.</p> <p>Encourage the children to develop their own sugar smart blasts.</p> <p>Ensure there is a rotation of activities to continue to engage the children.</p> <p><b>Next steps</b> Investigate a health and well-being week for the children.</p>

<p>health and well-being. Through the sugar smart leaders programme and sugar smart minis programme.</p> <p>Health and well-being day – Arena to encourage the children to be sugar smart and physical activity through the delivery of a variety of workshops</p>	<p>£240 SS leaders</p> <p>£240 SS minis</p> <p>£260</p>	<p>Active Timetable successfully introduced which children have supported in developing.</p> <p>A range of activities in place to increase the number of children active for 30 mins.</p> <p>Children understand the principles of sugar smart and how to lead a healthy active lifestyle. Greater awareness amongst pupils/parents about the benefits of physical activity and healthy active life styles. Profile raised with parents (ClassDojo: 100% parental engagement).</p>	<p>Investigate gaining healthy schools accreditation.</p>
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**Key Indicator 2 : The profile of PE and sport being raised across the school as a tool for whole school improvement**

Intended Actions with impact on children	Funding allocated	Evidence and impact	Sustainability and next steps
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<p>Introduce sugarsmart leaders with the support of Arena.</p> <p>Development of notice boards in school to raise the profile of PE and School Sport for all visitors and pupils – achievement notice boards.</p> <p>Celebration assemblies at both schools to recognise and reward achievement in PE and school sport.</p> <p>To deliver celebration assemblies weekly and recognise sporting achievements and community sport.</p> <p>Raise the profile of sport and PE through a sporting champion visit.</p> <p>To deliver Wild Tribe Explorers learning programmes to develop confidence and raise self-esteem through learning in the outdoors. – KS2.</p>	<p><b>Noticeboard to be allocated</b></p> <p><b>£4617</b></p>	<p>19 Sugar smart leaders delivering activities on a daily basis raising the profile of physical activity.</p> <p>PE and School Sport within the school which has raised the profile of PE and school sport.</p> <p>Celebration assemblies delivered once a half term with a focus on achievement in PE and school sport which has raised profile with parents and pupils.</p> <p>Children confident in their learning, able to reflect on their own behaviour with an improved level of confidence and emotional resilience.</p> <p>Self-esteem indicator - 100% of children overall self-esteem scores improved with a significant increase in sense of self and sense of personal power.</p>	<p>Continue to provide sports leadership opportunities for children.</p> <p>Continue to develop and extend opportunities for the sports council whole school.</p> <p>Continue to find interesting and innovative ways of celebrating sports achievement.</p> <p>Continue to up skill staff in the delivery of active classrooms and learning in the outdoors.</p> <p><b>Next steps</b></p> <p>To deliver a reluctant writers and mathematicians programme.</p> <p>To use the ITrack profile software for assessment purposes in PE.</p>
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Ipads introduced to help monitor progress in PE and to support children through the use of apps to develop their knowledge and understanding in PE and school sport.	£1019	Improved confidence in using technology to support children in progress in PE. Improved parental awareness and engagement via Class Dojo (100% parental engagement).	
To Introduce the Wild Tribe Explorers programme to develop self -confidence and self -esteem in vulnerable children through learning in the outdoors at EYFS/Key Stage One.	£585	Increased confidence and emotional resilience with attitudes and behaviour for learning significantly improved.	<b>Next steps</b> To deliver a reluctant writers and programme. To develop a Maths trail with KS1 pupils.

**Key Indicator 3 : Increased confidence, knowledge and skills of all staff in teaching PE and sport**

Intended Actions with impact on children	Funding allocated	Evidence and impact	Sustainability and next steps
CPD training for staff to include gym, dance, football, basketball and other courses  PE conference attendance to upskill staff on national programmes and initiatives  Employment of a specialist coaches to upskill staff and deliver PE and school sport. To upskill key members of staff within the school to increase knowledge and understanding in the delivery of PE school sport and physical activity. (High 5 Sports)	MAT membership package  Arena membership  £4600	Inclusive PE curriculum which up skills teachers and pupils. 5 staff trained in gym and dance.  Coaches used as role models to target pupil groups. More children encouraged to attend after school clubs	Build into future inset training whole school training in PE and school sport.  <b>Sustainability</b> Staff to deliver inset training to whole school on key elements.  <b>Next steps</b>

		<p>Fluency, consistency and broad curriculum coverage achieved through the delivery of a comprehensive high quality PE curriculum.</p> <p>Children understand where they are in their learning and what their next steps are. Pupil attainment and achievement improved in PE as a result of a whole school approach to the consistent use of schemes of work across the school.</p> <p>Parents are aware of the progress their children are making in PE and school sport.</p>	<p>Continue to support the development of subject leadership whole school.</p> <p>Continue to provide existing staff with the opportunity to be upskilled in PE and school sport.</p> <p>Opportunities created for PE knowledge to be shared whole school.</p>
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**Key Indicator 4 : Broader experience of a range of sports and activities offered to all pupils**

Intended Actions with impact on children	Funding allocated	Evidence and impact	Sustainability and next steps
To introduce lunchtime and after school clubs: High 5 Sport, Wild Tribe and Plymouth Argyle Football.	Funded above	67% of children taking part in after school clubs. Of	<b>Next Steps</b>

<p>3 new clubs set up to engaged children who do not engage in team sports.</p> <p>To set up after school provision in football through the support of Plymouth Argyle in curriculum time and after school.</p>	£1710	<p>those, 68% are female, 67% are male and 100% children were active in the Spring term. 63% of PPG and 73% are SEND.</p> <p>Successful wild tribe programme delivered and Wild Tribe has been developed as an after school club.</p> <p>Increase of 10% of disengaged pupils now involved in sporting activities on a regular basis.</p> <p>New club set up to engage children who prefer non games based sports. – wild tribe</p>	<p>Continue to broaden the range of alternative sports delivered.</p> <p>Wider range of opportunities will continue to be offered to engage disengaged pupils.</p> <p>Needs of target groups continue to be addressed.</p> <p>Target children that are not/less active (refer to Absolute Education).</p>
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**Key Indicator 5 : Increased participation in competitive sport**

Intended Actions with impact on children	Funding allocated	Evidence and impact	Sustainability and next steps
To develop competitive opportunities through the attendance at MAT competitions and local competitions.		Working in partnership to increase participation and success in competition. MAT competitions.	Year on year increase of the number of children taking part in competition.



<p>Increase participation at after school clubs, lunchtime clubs and competitions and monitor this through the use of the absolute coaching app.</p> <p>To identify pupils who are not regularly participating in competitions and after schools clubs and to engage them in a range of activities.</p>		<p>100% increase in the numbers of pupils participating in competitive opportunities within school. 50% of children have taken part in inter competitions (refer to Absolute Education).</p> <p>68% increase in the numbers of pupils at KS2 participating in competitive opportunities against other schools.</p>	<p><b>Next steps</b> % increase in the number of children taking part in level 2 and 3 competitions. Using baseline data from this year absolute education.</p>
Swimming programme to support an increase in the number of Year 5/6 who can swim 25m. top up.	£80 (4xsessions – 3 pupils - £60 plus transport)	77% increase in the number of children who can swim 25 metres.	<p>Introduce the 'learn to swim' programme earlier in the school to ensure more children can swim 25 metres by Year 6.</p> <p><b>Next steps</b> To carry out swimming lessons for the whole school in the Autumn term 2019.</p>
<b>Meeting national curriculum requirements for swimming and water safety</b>			<b>Please complete all of the below:</b>
What percentage of your Year 6 pupils could swim competently, confidently and proficiently over a distance of at least 25 metres when they left your primary school at the end of last academic year?			50%

What percentage of your Year 6 pupils could use a range of strokes effectively [for example, front crawl, backstroke and breaststroke] when they left your primary school at the end of last academic year?		50%
What percentage of your Year 6 pupils could perform safe self-rescue in different water-based situations when they left your primary school at the end of last academic year?		50%
Schools can choose to use the Primary PE and Sport Premium to provide additional provision for swimming but this must be for activity <b>over and above</b> the national curriculum requirements. Have you used it in this way?		Yes
Total funding - £16,340	Total funding allocated to date – £16077.28	Total funding to be allocated - £262.72