

Subject	Physical Education (PE)
Overall curriculum	<p>A high-quality PE curriculum increases the engagement of all pupils in regular physical activity. PE can also be used to increase confidence, knowledge and skills of all children who actively take part in high quality PE.</p> <p>At Princetown Primary School, we believe Physical Education, School Sport and Physical Activity should give all children the opportunity to improve and achieve physical competence in line with their age and potential. We believe that providing inclusive and competitive opportunities for children is vital so they become enthusiastic about physical activity and encourages an active lifestyle. This will also develop physical literacy which is highly important. The aim of physical education is to promote physical activity and healthy lifestyles. The wider benefits of PE include the promotion of positive attitudes to health and well-being, the development of emotional resilience and a wide range of personal skills including leadership. Children are taught to observe the conventions of fair play, honest competition and good sportsmanship as individual participants, team members and spectators.</p>
Pedagogy	<p>At Princetown Primary School we follow the objectives of the National Curriculum in a progressive format in line with our knowledge and skills organiser for PE. We use the Real PE platform, 'Jasmin', to support our PE delivery.</p> <p>During the course of the year, pupils will receive PE sessions taught by a specialist coach/trained teachers within school. This may include: cricket sessions, football and multi skills sessions.</p> <p>Pupils learn many different skills whilst developing their understanding of different sports. They learn to follow rules, gain respect and understand competition. A wide and varied PE curriculum is provided with the pupils developing knowledge and skills in a variety of different sports.</p> <p>After school clubs are also offered on a weekly basis. Football is provided through Plymouth Argyle and a range of other clubs are offered over the year including; dance, gymnastics and netball.</p> <p>Friendly and competitive events take place throughout the academic year and are aimed at a variety of different age ranges run by OCRA.</p> <p>Pupils in Years F to 6 receive a block of six swimming sessions each year which are delivered via a successful intensive programme taught by swimming instructors.</p> <p>Teachers will help pupils with SEND to overcome any barriers to participating and learning and make any 'reasonable adjustments' needed to include pupils. To make lessons inclusive, teachers will anticipate what barriers to taking part and learning may pose for pupils with SEND. Some modifications or adjustments will be made or smaller steps to achieve the learning goal. Occasionally, pupils with SEND will have to work on different activities, or towards different learning intentions, from their</p>

	peers.
Assessment	<p>Assessment is regarded as an integral part of teaching and learning and is a continuous process. There are planned opportunities within the curriculum plan to revisit learning from the current year but also previous year groups.</p> <p>We also track the amount of children who are involved in sport in and out of school.</p> <p>Monitoring takes place throughout the year to make sure that all teachers are supported and PE is being as productive as possible to allow all children to be physically literate.</p> <p>For each unit, we use assessment sheets on the Jasmine platform to monitor the progress children are making.</p> <p>A named member of the school governing body is briefed to monitor the subject. Itrack is used to monitor progress throughout the year.</p>
Culture	<p>The culture in our school is that the Physical Education curriculum is there to strengthen personal health, develop one's physical capabilities, and apply the population's physical skills to the service of society.</p> <p>Physical fitness is vitally important not just for the children in our school but moving forward into adulthood. The importance of physical activity for society is incredibly important and at our school we try to allow our pupils to understand this.</p> <p>We value high quality CPD for staff and staff have had opportunities to attend CPD and observe specialist coaches. Three of our teachers are now accredited in Wild Tribe with the view that all teachers will be by the end of the next academic year.</p> <p>We have sports champions who run activities for children during break and lunchtimes.</p>
Systems	<p>The national curriculum for physical education aims to ensure that all pupils:</p> <ul style="list-style-type: none"> ▪ develop competence to excel in a broad range of physical activities ▪ are physically active for sustained periods of time ▪ engage in competitive sports and activities ▪ lead healthy, active lives. <p>In EYFS, the children will learn basic fundamental movements, fine and gross motor skills and how to look after the bodies.</p> <p>KS1 pupils should be taught to:</p> <ul style="list-style-type: none"> ▪ Master basic movements including running, jumping, throwing and catching, as well as developing balance, agility and co-ordination, and begin to apply these in a range of activities.

	<ul style="list-style-type: none"> ▪ Participate in team games, developing simple tactics for attacking and defending. ▪ Perform dances using simple movement patterns. <p>KS2 pupils should be taught to:</p> <ul style="list-style-type: none"> ▪ use running, jumping, throwing and catching in isolation and in combination. ▪ Play competitive games, modified where appropriate [for example, badminton, basketball, cricket, football, hockey, netball, rounders and tennis], and apply basic principles suitable for attacking and defending. ▪ Develop flexibility, strength, technique, control and balance [for example, through athletics and gymnastics] ▪ Perform dances using a range of movement patterns. ▪ Take part in outdoor and adventurous activity challenges both individually and within a team. ▪ Compare their performances with previous ones and demonstrate improvement to achieve their personal best. <p>By the end of each key stage, pupils are expected to know, apply and understand the matters, skills and processes specified in the relevant programme of study.</p> <p>See the knowledge and skills organiser for science which demonstrates the progression through the year groups.</p>
Policies/key documents	<ul style="list-style-type: none"> ▪ Whole School Long term horizontal curriculum map ▪ PE Knowledge and Skills organiser ▪ Real PE overview of units. ▪ Sports Premium spending map <p>All of these can be found on our website under the curriculum/policies tab.</p>
Perceptions from viewpoints (e.g. pupils/parents/Governors)	<p>Add in stakeholder voice.</p> <p>Pupil:</p> <ul style="list-style-type: none"> ▪ <p>Parent:</p> <ul style="list-style-type: none"> ▪ <p>Staff:</p> <ul style="list-style-type: none"> ▪ <p>Governors:</p>