

PE Owls	Autumn 1 Civilisation and Democracy	Autumn 2 Culture	Spring 1 All Around the World	Spring 2 Exploration and Discoveries	Summer 1 Natural Wonder	Summer 2 Community
EYFS	Basic Skills	Fundamental Movements	Posture and Core Strength	Strength and Different Sports	Ball Skills and Tools	Healthy Body
Year A	Focus: Personal Skill: Coordination footwork Static Balance one foot	Focus: Social Skill: Agility jumping and landing Static balance seated	Focus: Cognitive Skill: Dynamic balance on a line Static balance stance	Focus: Creative Skill: Coordination ball skills Counter balance with a partner	Focus: Physical Skill: Coordination sending and receiving agility reaction and response	Focus: Fitness Skill: agility ball chasing static balance floor work
Year B	Focus: Personal Skill: Coordination footwork Static balance one leg	Swimming	Focus: Cognitive Skill: Dynamic balance on a line Static balance stance	Focus: Creative Skill: Coordination ball skills Counter balance with a partner	Focus: Physical Skill: Coordination sending and receiving agility reaction and response	Focus: Fitness Skill: agility ball chasing static balance floor work

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Year A Year 4 Jasmine 23-24	Focus: Personal Skill: Coordination footwork Static Balance one foot/leg	Swimming	Outdoor Ed	Outdoor Ed	Focus: Creative Skill: Sending and receiving Counter balance	Focus: Applying Physical Skill: Agility - Reaction/response Static balance
Year B 24-25	Gymnastics	Swimming	Invasion	Net/Wall	Athletics	Striking and Fielding
Year C Year 3 Jasmine 21-22	Focus: Personal Skill: Coordination footwork Static Balance one foot/leg	Focus: Social Skill: Dynamic balance to Agility Jumping and landing Static balance - seated	Outdoor Ed	Outdoor Ed	Focus: Physical Skill: Agility – Reaction/response Static Balance – floor work	Focus: Fitness Skill: Agility – Ball chasing Static Balance - stance
Year D Year Y5/6 Jasmine 22-23	Focus: Personal Skills: Co-ordination – sending and receiving Agility – ball chasing	Swimming	Focus: Cognitive Skill: Co-ordination – Ball Skills Agility – reaction/response	Focus: Creative Skill: Static balance - seated and floor work	Focus: Applying Physical Skill: Dynamic Balance to agility Jumping and landing Static balance – One leg	Focus: Health and Fitness Skill: Static balance – stance Co-ordination - footwork