

# Curriculum Statement



## **Intent**

Through the delivery of PE we want children to be able to understand how to keep fit and healthy and look after themselves. We want them to be able to understand competition, personal success and good sportsmanship whilst learning that physical activity can be fun and rewarding. Children should be able to take part in a variety of different games and sports that develop a culture of being inclusive and safe. Children should be challenged appropriately and be exposed to outdoor adventurous activities. We want children to enjoy being active and through being exposed to many different physical activities, continue a sport throughout their school life and into adulthood.

## **Implementation**

At Princetown we follow the National Curriculum for Physical Education to ensure all children develop competence to excel in a broad range of physical activities, are physically active for sustained periods of time, engage in competitive sports and activities and lead healthy, active lives. PE is timetabled twice a week, but also integrated where possible into other curriculum areas. We celebrate the children's interest and achievements in assemblies, displays and our school council meet twice a term to talk about improvements that we can make in our schools. The schools have inclusive teams who play in local and Trust competitions. We pride ourselves on team spirit, especially when cheering on the teams on Sports Day. We also provide children with the opportunity of specialist PE lessons which are delivered through an outside agency. We participate in swimming programme lessons for all children. Taking part in swimming lessons through the year is free of charge to parents/carers. PE is a vital part of the curriculum and promotes a healthy lifestyle for all of our children encouraging them to be alert and active. Weekly forest school sessions are in addition to our PE curriculum allowing a different aspect, opportunity for learning different skills and for pupils to become physically confident outside of traditional sports. Our children thoroughly enjoy all of the stimulating P.E. sessions that are delivered to them. We ensure we made suitable adaptations for children with SEND. We go above and beyond the expectations of the national curriculum by attending as many events throughout the year, organising friendly matches against other local schools, run a range of after school clubs and ensure we spend the PE premium in order to provide the best opportunities for children.

## **Impact**

Physical Education is taught as a basis for lifelong learning, where the children have access to a wide range of activities in the belief that if it is taught well and the children are allowed to succeed and continue to have a physically active life through to adulthood. A high-quality Physical Education curriculum inspires all children to succeed and excel in competitive sport and other physically demanding activities. We provide opportunities for children to become physically confident in a way which supports their health and fitness. Opportunities to complete in sport, build character and help to embed values such as resilience and respect. The P.E curriculum is constantly being reviewed and adapted to meet the ever-changing needs of the pupils. P.E provides children with social skills, such as turn taking, working with a partner, sharing and small team games, which will help children develop in the social aspect of their wider life. Booster sessions are provided for children with SEND to focus on social skills or skill based activities to further their understanding and provide them with extra opportunities to develop these skills. Activities are differentiated and support is provided for children who need it, either through adult or peer support. Our values: respect, resilience, self motivation and creativity allow all sessions to be inclusive and strive children to continue an active lifestyle throughout their adult life.