

Year/Half-termly unit titles	1 Me and my Relationships	2 Valuing Difference	3 Keeping Safe	4 Rights and Respect	5 Being my Best	6 Growing and Changing
EYFS	What makes me special People close to me Getting help	Similarities and difference Celebrating difference Showing kindness	Keeping my body safe Safe secrets and touches People who help to keep us safe	Looking after things: friends, environment, money	Keeping by body healthy – food, exercise, sleep Growth Mindset	Cycles Life stages Girls and boys – similarities and difference
KS1 Year A	Y1 Feelings Getting help Classroom rules Special people Being a good friend	Y2 Being kind and helping others Celebrating difference People who help us Listening Skills	Y1 How our feelings can keep us safe – including online safety Safe and unsafe touches Medicine Safety Sleep	Y2 Cooperation Self-regulation Online safety Looking after money – saving and spending	Y1 Growth Mindset Healthy eating Hygiene and health Cooperation	Y2 Life cycles Dealing with loss Being supportive Growing and changing Privacy
KS1 Year B	Y2 Bullying and teasing Our school rules about bullying Being a good friend Feelings/self-regulation	Y1 Recognising, valuing and celebrating difference Developing respect and accepting others Bullying and getting help	Y2 Safe and unsafe secrets Appropriate touch Medicine safety	Y1 Taking care of things: Myself My money My environment	Y2 Growth Mindset Looking after my body Hygiene and health Exercise and sleep	Y1 Getting help Becoming independent My body parts Taking care of self and others
LKS2 Year A	Y3 Rules and their purpose Cooperation Friendship (including respectful relationships) Coping with loss	Y4 Recognising and celebrating difference (including religions and cultural difference) Understanding and challenging stereotypes	Y3 Managing risk Decision-making skills Drugs and their risks Staying safe online	Y4 Making a difference (different ways of helping others or the environment) Media influence Decisions about spending money	Y3 Keeping myself healthy and well Celebrating and developing my skills Developing empathy	Y4 Body changes during puberty Managing difficult feelings Relationships including marriage
LKS2 Year B	Y4 Healthy relationships Listening to feelings Bullying Assertive skills	Y3 Recognising and respecting diversity Being respectful and tolerant My community	Y4 Managing risk Understanding the norms of drug use (cigarette and alcohol use) Influences Online safety	Y3 Skills we need to develop as we grow up Helping and being helped Looking after the environment Managing money	Y4 Having choices and making decisions about my health Taking care of my environment My skills and interests	Y3 Relationships Changing bodies and puberty Keeping safe Safe and unsafe secrets
UKS2 Year A	Y5 Feelings Friendship skills, including compromise Assertive skills Cooperation	Y6 Recognising and celebrating difference Recognising and reflecting on prejudice-based bullying	Y5 Managing risk, including online safety Norms around use of legal drugs (tobacco, alcohol)	Y6 Understanding media bias, including social media Caring: communities and the environment Earning and saving money Understanding democracy	Y5 Growing independence and taking ownership Keeping myself healthy Media awareness and safety My community	Y6 Coping with changes Keeping safe Body Image Sex education Self-esteem

	Recognising emotional needs	Understanding Bystander behaviour Gender stereotyping	Decision-making skills			
UKS2 Year B	Y6 Assertiveness Cooperation Safe/unsafe touches Positive relationships	Y5 Recognising and celebrating difference, including religions and cultural Influence and pressure of social media	Y6 Understanding emotional needs Staying safe online Drugs: norms and risks (including the law)	Y5 Rights, respect and duties relating to my health Making a difference Decisions about lending, borrowing and spending	Y6 Aspirations and goal setting Managing risk Looking after my mental health	Y5 Managing difficult feelings Managing change How my feelings help keeping safe Getting help